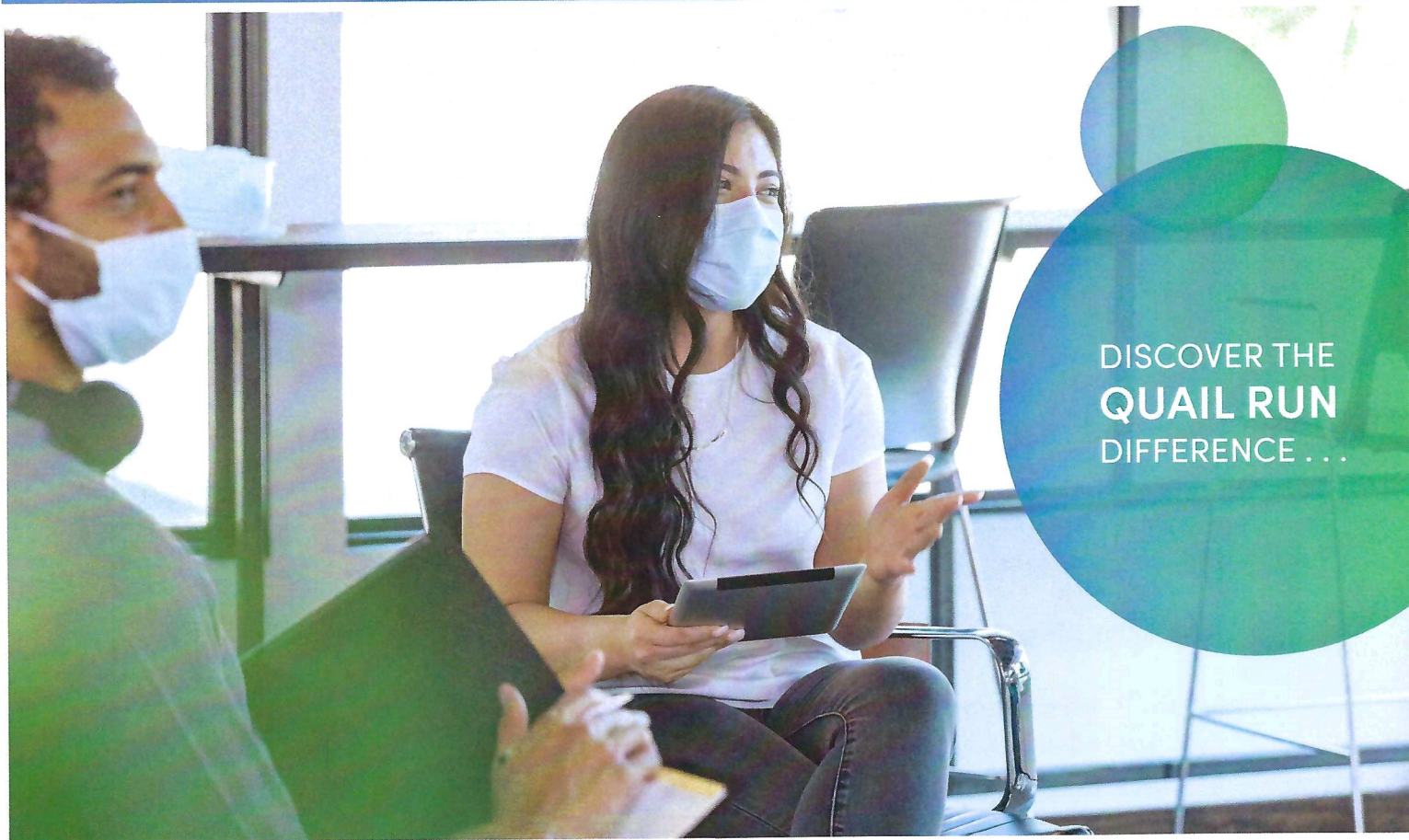


QUAIL RUN NOW OFFERING HYBRID IOP Adolescent, Adult and Older Adult Programming

Working with You on Your Road to Self-Growth



DISCOVER THE
QUAIL RUN
DIFFERENCE . . .

Intensive Outpatient Program (IOP)

Three days per week

Monday, Wednesday & Thursday

Adolescent IOP Program:

4 pm to 7 pm

Adult and Older Adult Programs

Flexible program times:

9 am to 12 pm / 9:30 am to 12:30 pm

1 pm to 4 pm or 5:30 pm to 8:30 pm

To arrange a no-cost assessment
for Outpatient Programming
please call **602-455-5700**



We provide a caring, holistic approach to mental health services with treatment that can include:

- Assessment
- Medication evaluation and treatment
- Psychoeducation
- Therapeutic process groups
- Cognitive Behavioral Therapy
- Telehealth services
- Medication management
- Outcomes-based treatment planning
- Community provider referrals

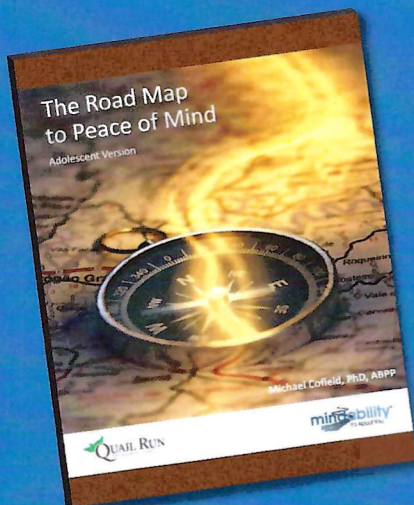
Topics may include:

- Emotional regulation and distress tolerance
- Emotional health and self-care
- Managing life events and stressors
- Healthy living and goal setting
- Improving relationships and communication
- Increasing awareness of support networks and resources
- Managing anxiety and depression

We accept most major insurances including: Medicare, Cigna®, Aetna®, UBH and more...

Also accepting most AHCCCS plans

Quail Run Behavioral Health has been recognized as a Cigna Center of Excellence.



*We can be your
Road Map to Peace of Mind.*



2545 W Quail Ave Phoenix, AZ 85027
602-455-5700 | Toll-free: 844-772-7771
quailrunbehavioral.com



Physicians are on the medical staff of Quail Run Behavioral Health, but, with limited exceptions, are independent practitioners who are not employees or agents of Quail Run Behavioral Health. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 221597-2334 10/22